

Leeds Local Medical Committee Limited

Registered Office: 2 Farrar Lane, Leeds, West Yorkshire. LS16 7AA (company Reg. No. 7287736)
2 Farrar Lane, Leeds, West Yorkshire. LS16 7AA
Tel: (0113) 295 1460 email: mail@leedslmc.org website: www.leedslmc.org

12th June 2018

Cllr Helen Hayden,
Scrutiny Chair for Adults and Health
Templenewsam Ward, Leeds
Leeds City Council

Sent by email only

Re: Leeds LMC IAPT service concerns

On behalf of Leeds LMC, I would like to thank both yourself and Steven Courtney for your time and input to the meeting with us on the 5th June 2018.

We are pleased to hear that the CCG are undertaking a comprehensive 12-week engagement exercise re IAPT services with patients, carers, potential providers and other stakeholders – which we believe is due to commence at the end of June 2018 until the end of September 2018.

Leeds LMC would like the opportunity to provide an input to what we feel are real problems in the IAPT service that need to be urgently addressed. This primarily appears to be due to insufficient capacity to meet increasing demand.

The Leeds LMC Committee continues to receive reports of dissatisfaction from GPs that the IAPT service is not sufficiently responsive and leaves practices trying to manage patients as effectively as they are able. They also appear to exclude a range of patients, including those with anger management issues, personality problems or those who have associated drug or alcohol use.

Long waiting times are having a huge impact on already distressed patients who are often having to wait months to attend talking therapy sessions. This can lead to the unnecessary repeat appointments in GP surgeries, longer time off work and the use of medication as GPs have few other options to treat patients with.

There is a disconnect between this service and the specialist service delivered by LYPFT, with many patients falling between gaps between the two services. It is not unusual for both services to refuse to accept referrals because of their referral criteria. The recently developed Mental Health Support Worker Pilot scheme, on which LYPFT are leading, has helped a little to fill this gap, but it is far from ideal. This offers a limited amount of practices in Leeds much needed support from a qualified psychiatric nurse. However, this doesn't solve the problems instead it provides liaison between LYPFT and primary care which we think is beneficial and we would like to see this service rolled out to the city as a

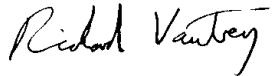
APPENDIX 1

whole. Many patients with longstanding mental health problems are still not given the care they need.

I look forward to hearing back from you on how the engagement exercise is progressing.

Kind regards.

Yours sincerely



DR RICHARD VAUTREY
Assistant Medical Secretary